



# MYRTLE'S MAGICAL MIRROR

Author Lesson For Prep, Year 1 & Year 2

## Lesson Overview

In this lesson, students learn to recognise their own special traits, and those of others. They gain an insight into others perspectives and feelings, while learning skills and strategies to reflect on their own strengths and qualities to build a positive sense of self.

## Accompanying Resources

Myrtle's Mirror Activity Sheet

## Differentiation

*Author adjusts depth of questions and length of time spent on each activity across year levels. Prep required to draw and verbalise. 1 & 2, draw, write and verbalise.*

## Lesson Flow

**Opening:** Follow the reading of 'Myrtle's Magical Medicine', and the performance of 'Myrtle's Mirror',

Author discusses how Myrtle's Magic was to use mirror work to build her self-confidence and to make her feel good about her laugh. So good that it didn't matter when Wally the Warlock wasn't very nice to her. She was so confident, she was unbullyable!

### Body:

Revisit the section of the book with the 4 frame illustrations of Myrtle looking at her reflection. Ask the children if they can remember the magic words given to her by Wise Witch Doctor Willow.


Then class repeat together "Myrtle, I love you. You are perfect just the way you are!"

Author asks for volunteers to stand up and say the affirmation about themselves.  
"NAME, I love you. You are perfect just the way you are!"





## Lesson Flow Continued



Students are then asked to identify all the other things that made Myrtle special, her laugh, nose, hair colour, freckles etc.

Students are then asked to tell the person next to them what their favourite special thing about Myrtle is, what they liked the most that makes her, her!

Students buddy up again and share two things they like about their partner. Help to prompt students into seeing things they don't usually see, remind students to be kind in the things that they point out.

### Consolidating:

Students are given the chance to reflect on how special they are by drawing an image of themselves in their own magic mirror, and adding their name to Myrtle's affirmation.

Year 1's and 2's are also encouraged to write their special traits around the outside of the mirror, such as "I am a good friend", "I have a kind heart", "I always try my best".

Author/ Teacher writes examples on the board for students to copy if necessary.

Author selects students to share their self-portrait and something they love about themselves with the class. Class is encouraged to be positive in their responses and students are commended for sharing.

Students are also encouraged to spend time saying Myrtle's affirmation every day, when they pass a mirror. As well as continuing to notice special traits about themselves as they grow and change.

